



# 3 MONTH COACHING CONTRACT

1:1 RISE & SHINE

Coaching Container



I am Kristen Werner & I am thrilled to welcome you & introduce you to my private Coaching Package options. There is always room to discuss what you need and what I can offer so please reach out when and if you need!

Here is my favorite package the **Rise & Shine 1:1 Coaching Container**

## **Rise & Shine:**

As a busy entrepreneur you may be hesitating or looking to start or scale your online business?

let me ask you this, ***do you feel overwhelmed and lost in the sea of options and ideas?*** Yes?

*I totally understand and the good news is I'm here to help you **rise and shine!***

Together we can take your business to the ***next level by strategically unpacking your ideas and implementing the right steps to create a strong foundation for success.***

As your coach, I will listen to what you're 'not' saying and work alongside you to **encourage** and **guide** you every step of the way. We'll start by exploring your goals and ambitions, so we're clear on your vision. From there, we'll use tools to grow your online presence, build a loyal audience, and create digital products, memberships, group coaching, or 1:1 coaching.





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What does a 3 Months Coaching Program look like? Well during our 12-week program

## 12 WEEKS TOGETHER

- 6 x 60 Min 1:1 Zoom Chats (each fortnight)
- Weekly Goal Tracker to help you see your progress in Voxer
- Full access to myself via voxer for 12 weeks
- 2 x 45 Office hours (which is an open working session to implement & ask question)
- Intensive eye over your brand through my 4 step process
- Access to the Brand Builders Bootcamp
- Access to The TikTok Curious [Start Up & Scale] Academy
- Access to my vast library of tools that can see will help you on your growth journey

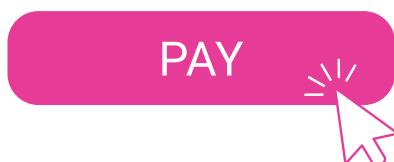
**Investment is \$1,997** Payment options available.

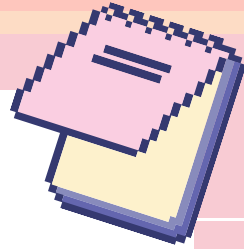
The best part about coaching with me is that we'll stop at different sections and explore them as you need. Some clients will spend more time in certain areas of the building process, but trust that I know where those places are!

Invest in yourself and your business with a 3-month coaching program for just \$1,997. Together we can turn your ideas into reality and create the business of your dreams.

Let's do this!

**CLICK BUTTON BELOW TO JOIN ME**





## FOUNDATIONAL STEPS

CLARITY  
CLARITY  
CLARITY  
CLARITY

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**Gaining Clarity is Key**

*Why are you here? What brought you here? Why do you need to keep going? We get deep, we get real, for me this is that keeps you going. Without clarity on this it's hard to know where you're going and how your going to get there!*

VISION  
VISION  
VISION  
VISION

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**Make your Vision clear**

*Now it's time to set up your vision. Get it all out. Like emptying a puzzle box, ideas don't make sense to start with but each piece has a place in building your online business we just need to find where the places are best to go.*

CREATE  
CREATE  
CREATE  
CREATE

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**Make it freaking happen!**

*It's time to create the journey. **Who** are your here for? **What** do they need? **How** will you help? What do you provide and **where** are you talking to them? This is the meaty phase where you take the gloves off and you work. This is the fun part. You **lay your foundation** and you start to see it grow.*

GROW  
GROW  
GROW  
GROW

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**Expand & Grow**

*Now we work on expanding what have you created and how can we give it full focus and love so it builds your brand, transpires and elevates you as the expert in your field. You become magnetic and your marketing starts to magnify your brand again & again!*

